

Corner Continued

Former Practices:

1. Laws of Days of Abstinence: Discipline of 1962

- ◆ Applies on one's 7th birthday.
- ◆ Complete Abstinence: all Fridays of the year, Ash Wednesday, Holy Saturday and the Vigil of Christmas.
- ◆ Partial Abstinence (meat and soup or gravy made from meat permitted once a day at the principal meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and the Vigils of Pentecost and Assumption.
- ◆ Abstinence from meat is dispensed on Holy Days of Obligation.

2. Laws of Days of Fast: Discipline of 1962

- ◆ Applies for those aged 21 to 59, inclusive.
- ◆ Days of Lent from Ash Wednesday inclusive, Ember Days, and the Vigils of Christmas, Pentecost and the Assumption.
- ◆ One full meal permitted and two other meals may be taken which, when combined, are less than a full meal.

3. The Law of the Eucharistic Fast: Discipline of 1962

The complete fast from all food and drink (except water or medicine) for three hours before the reception of Holy Communion. Those who are able to maintain the midnight fast, which was the previous discipline, are still encouraged to do so.

May your preparation for Easter lead to an abundant harvest. God love you. - Fr. Novokowsky

all to join in this "official prayer of the Church."

Public Stations of the Cross
Fridays in Lent, after the 6pm Mass.

40 Days for Life
Feb. 10th to Mar. 20th. Peaceful prayer rally. 118 N. Boulevard next to the VMFA. See: www.40daysforlife.com/Richmond

St. Gertrude Theatre Workshops For Girls in Grades 4-6
Bippity, Bippity Bop will be held Sat. Feb. 20 and *Play in a Day* will be held Sat. March 12. Each workshop is \$10 and lunch is included. For more information, please call 822-3955 or visit saintgertrude.org.

Comboni Missionary Sisters Scholarship Fund
A special, private showing of the movie **BIG STONE GAP** by Andriana Trigiani. Mon. Feb. 8, 7pm at Our Lady of Lourdes Church Commons, 8200 Woodman Road, Richmond. Donation for the Fund is \$10; Reception following. Info: Louise 804-741-2487 or cell 804-370-4194.

"Sing joyfully to God, all the earth:"
(Ps. 99: 1, 2)

February 7, 2016



SAINT JOSEPH PARISH

ROMAN CATHOLIC DIOCESE OF RICHMOND
SERVED BY THE PRIESTLY FRATERNITY OF ST. PETER

-Pastor-
Rev. Robert Novokowsky, FSSP
Parish Business: (804) 320-4932, ext. 302
pastor@stjosephrichmond.org

-Parochial Vicars-
Rev. Carlos S. Casavantes, FSSP
Parish Business: (804) 320-4932, ext. 304
Cell: (361) 446-1967
Fr.C@stjosephrichmond.org

Rev. Robert Tatman
Parish Business: (804) 320-4932, Ext. 305
Fr.T@stjosephrichmond.org

Parish Office
Hours: Mon. - Fri., 9 am — 2 pm
Sandy Ondishko, *Admin. Asst., ext. 301*
David Pedersen, *Choirmaster, ext. 303*

Holy Mass Schedule
Sunday 8:30 am (Low)
11 am (High)
4:30 pm (Low)
Monday 7 am & 9 am
Tuesday 7 am & 9 am
Wednesday 7 am & 6 pm
Thursday 7 am & 9 am
Friday 7 am & 6 pm
Saturday 7 am & 9 am

- ◆ **Sacramental Emergencies: 396-5665**
- ◆ **Confession: ½ hr before all Masses, Saturdays - 10:00 to 11:00 am.**
- ◆ Novena & Benediction: Wed. evenings.
- ◆ **Holy Days:** look for announcement
- ◆ **Adoration** of the Blessed Sacrament: First Fridays from 8 am until 5 pm.
- ◆ Other Sacraments: please call the office.

COMMITTEES AND ACTIVITIES

Ladies Altar Guild Mary Claire Adams 515-0973	Ushers Patrick Latimer 262-7628	Web Master website@stjosephrichmond.org	Flower Guild Andria Morris 525-0733
Kids Social Coordinator Victoria Sanctafamilia 592-8055 kids@stjosephrichmond.org	Parish Council	Volunteer Coordinator	First Friday Adoration Andria Morris 525-0733
Maintenance/Improvements John Hewitt 330-0896	Religious Education Bill Doran 288-4598 edu@stjosephrichmond.org	Trail Life USA Troop 828 Shaun Alf troopmaster@stjosephrichmond.org	American Heritage Girls Troop 3126 LaPortisia Wallace 687-2736
Padre Pio Sodality Caroline Pfab 560-9133 Carol Gentry 270-5536	Finance Council Jay Lagarde 741-3085	Pot Luck Coordinator Megan Bean 894-2894	Grounds Crew Steve Michniak
Music Director David Pedersen 320-4932, ext. 303 music@stjosephrichmond.org	Knights of Columbus Tom Dennis 598-9126	Parish Library Antoinette Cleary 748-3179	Building Committee Bob Kaplan
Gift Shop Rose Mary Cosby 272-3908	St. Joseph's Education Guild	St. Camillus de Lellis Prayer Group Margaret Ansari 716-1086	Sacristan Antoinette Cleary 748-3179

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office@stjosephrichmond.org

MASS SCHEDULE AND INTENTIONS		
Sun. Feb. 7	Quinquagesima Sunday (2nd Cl.)	8:30 am Michele & Tim Mullins 11:00 am Pro Populo 4:30 pm Callorafi Family
Mon. Feb. 8	St. John of Matha (3rd Cl.)	7 am Collins Family 9 am Marvin Family
Tues. Feb. 9	St. Cyril of Alexandria (3rd Cl.)	7 am Andreas Dahl Jorgensen 9 am Leslie Militti
Wed. Feb. 10	Ash Wednesday (1st Cl.)	7 am Ed Militti 10 am Greg McNerney+ 6 pm James Donlon
Thurs. Feb. 11	Thursday after Ash Wednesday (3rd Cl.)	7 am Alfonso Molina Ibarra 9 am Maranski Family
Fri. Feb. 12	Friday after Ash Wednesday (3rd Cl.)	7 am Jean Pletcher+ 6 pm Barry Botler & Family
Sat. Feb. 13	Saturday after Ash Wednesday (3rd Cl.)	7 am Thomas McKinley+ 9 am Bethany Noble 10 am Confession Hour
Sun. Feb. 14	First Sunday of Lent (1st Cl.)	8:30 am Pro Populo 11:00 am Louis & Mora Maranski+ 4:30 pm Arthur, Mary McNerney+
Mon. Feb. 15	Feria of Lent (3rd Cl.)	7 am Gabrielle Donlon 9 am James W. Cosby+
Tues. Feb. 16	Feria (3rd Cl.)	7 am Fox Family 9 am Thomas McKinley+
Wed. Feb. 17	Ember Wednesday (2nd Cl.)	7 am Joan Liscio+ 6 pm William Colberg
Thurs. Feb. 18	Feria Of Lent (3rd Cl.)	7 am Guardian Angels 9 am Stephen Sullivan+
Fri. Feb. 19	Ember Friday (2nd Cl.)	7 am Carter Lewis 6 pm Yvon Robichaud+
Sat. Feb. 20	Ember Saturday (3rd Cl.)	7 am Luis Diaz Mesa+ 9 am Maria Socorro Gerardo 10 am Confession Hour

PRAYER LIST

Jay W. Stephens, Claiborne Hammond, Betty Faina, William Torres, Fr. Novokowsky's sister Maureen and brother John, Brendan Nobles, Mary Lynn Kenary, Fr. Jegin Puthenpuckaral, Thomas Donato, Joseph Gerard Diman, Robert Kelly, Reed Foster, Patricia Willard, Mitchel Shaw, Shirl Wicks, Liz Grapes, Kathleen Stells, Julie Trexler, Theresa Trexler, Antoinette McLoughlin, Bobby Overman, Dick and Nan Wray, Fr. Adrian Harmening, Jack Howe, Abigail Maria Alvey, Mary Zacharias, Casey Stalvey, Suki & Beau Simpson, Maryann McLaughlin, John Osborne, Ann Horgan, Bernice Nestor, Karen Haley.

*In your charity, please remember the soul of **Jerica Elaine Harris**, who died recently at age 18, and all the souls of the faithful departed. May they rest in peace.*

MASS INTENTION REQUESTS

Envelopes are located outside the parish office door in the Social Room. Masses are generally offered in the order received. A Mass stipend is a gift for the celebrating priest and forms part of your participation in the sacrifice. The Diocese of Richmond suggests a stipend of \$10.00 per Mass. While a stipend is not a donation, for our convenience, please make checks payable to St. Joseph's.

Religious Education

Classes continue Sunday 9:45 am for Pre-K through 12th Grade in their respective classrooms.

Youth Schola

Rehearsals Tuesdays 10AM in the choir room.

Altar Flowers



Altar flowers this week were donated by Amparo Paguyo for Maria Socorro Gerardo.

Offertory Collections

Sundays January 24 & 31, 2016
 1st Collection (Operations): \$ 10,678
 Avg. Weekly Operating Need: \$ 7,114
Avg. Weekly Year to Date \$ 7,248
 2nd Collection (Building Fund): \$ 1,601

Thank you for your continued generosity!

Upcoming Events

Feb. 7 — Mardi Gras Square Dance!
Feb. 10 — Ash Wednesday, 7am, 10am and 6pm
Day of Fast and Abstinence
Feb. 10, 11 — Bible Study Wed. 7pm, Thurs. 10am
Feb. 26 — Evening Recollection for Men
Feb. 27 — Day of Recollection for Women
Feb. 28 — Reception for Fr. G. Saguto, FSSP

Mardi Gras Family Dance!

TODAY, after the High Mass, a **Spaghetti Lunch** will be served in the Social Room (donations kindly accepted). Bring a beverage to share. Then we will clear the tables and dance the afternoon away with square dance caller Larry Weingard!

“Living Our Mission”

Next Sunday, Feb. 14th we will begin the diocesan capital campaign in our parish. This campaign will help the diocesan priorities to spread the faith in Virginia. It will also help the parish. We will be explaining more next week.

Recollections for Men and Women

This year we have the benefit of having the new District Superior of the Fraternity, Fr. Gerald Saguto, to preach two recollections.

- ◆ Evening for Men: Fri. Feb. 26, 6pm—9pm.
- ◆ Day for Women: Sat. Feb. 27, 9am—3pm.

Reception for Fr. Gerald Saguto, FSSP

The new District Superior of the North American District will come visit our parish. On Sunday Feb. 28th he will preach the sermons, and give a small talk after the High Mass at a pot-luck reception at 12:30 pm. Please watch for the sign-up posters. He would like to meet you, and entertain your questions.

Ash Wednesday

Please note there are three Masses this day. At 10 am, we will celebrate the Office of Terse, followed immediately by the blessing and distribution of ashes. Pamphlets on Terse (in Latin/English) will be available for

Pastor's Corner



Dear Parishioners,

To our prayers, we must add penance. This is a necessary, ordinary means of attaining salvation. Please familiarize yourselves with the current law of the Church.

1. Laws of Days of Abstinence: Current Legislation

- ◆ Begins on one's 14th birthday.
- ◆ Ash Wednesday and the Fridays of Lent.
- ◆ Obliges abstention from flesh meat.

2. Laws of Days of Penance: Current Legislation

- ◆ Applies to all the Faithful.
- ◆ Lent and Fridays outside of Lent.

3. Laws of Days of Fast: Current Legislation

- ◆ Applies to everyone aged 18 to 59, inclusive.
- ◆ One full meal permitted and two other meals may be taken which, when combined, are less than a full meal.
- ◆ Ash Wednesday and Good Friday.

4. The Law of the Eucharistic Fast: Current Legislation

Under the New Code of Canon Law, the Fast for Holy Communion is one hour before reception of the Holy Eucharist. Those who are able to maintain the previous discipline of the three-hour fast are still encouraged to do so.

5. Solemnities

The obligation to do penance on Fridays is lifted when a Solemnity (in the New Rite Calendar) falls on that day. These possibilities are:

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|-------------|---------------------------------|
| January 1 | Mary, Mother of God |
| January 6 | Epiphany |
| March 19 | St. Joseph, Spouse of Mary |
| March 25 | Annunciation (this year Apr. 4) |
| June 24 | St. John the Baptist |
| June 29 | Ss. Peter & Paul |
| August 15 | Assumption |
| November 1 | All Saints |
| December 8 | Immaculate Conception |
| December 25 | Christmas |
- Plus particular patrons of a particular place.

It is also interesting and edifying to know the former practices for Church discipline. These former laws are no longer in force, but we are encouraged always to be generous in these things, in order to grow in the grace.