A Novena to the Sacred Heart of Jesus

Divine Jesus, who hast said: "Ask and you shall receive; seek and you shall find; knock and it shall be opened unto you: behold me prostrate at Thy feet. Animated with a lively faith and confidence in these promises, dictated by Thy Sacred Heart and pronounced by Thy adorable lips, I come to ask (here mention the request).

From whom shall I ask, O sweet Jesus, if not from Thee, whose Heart is an inexhaustible source of all graces and merits? Where shall I seek, if not in the Treasure which contains all the riches of Thy clemency and bounty? Where shall I knock, if it be not at the door of Thy Sacred Heart, through which God Himself comes to us and through which we go to God?

To Thee then, O Heart of Jesus, I have recourse. In Thee I find consolation when afflicted, protection when persecuted, strength when overwhelmed with trials, and light in doubt and darkness. I firmly believe Thou canst bestow upon me the grace I implore, even though it should require a miracle. Thou hast only to will it and my prayer is granted. I know I am most unworthy of Thy favors, O Jesus, but this is not a reason for me to be discouraged. Thou art the God of Mercies and Thou wilt not refuse a contrite and humble heart. Cast upon me a look of pity, I conjure Thee, and Thy compassionate Heart will find in my miseries and weakness a pressing motive for granting my petition.

But, O Sacred Heart, whatever may be Thy decision with regard to my request, I will never cease to adore, love, praise and serve Thee. Deign, my Jesus, to accept this, my act of perfect submission to the decrees of Thy adorable Heart, which I sincerely desire may be fulfilled in and by me and all Thy creatures forever and ever. Amen.

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